

MENTORING SHEET



Alright, so you want more out of life. You want to achieve this crazy people call “success.” Well, here’s the secret that everyone has been leaving out. You need mentors in your life to take you to the places you want to go!!! Why do you need mentors? Well, it’s simple. Mentors cause you to change, or stretch yourself to new limits not known before. They also give you a larger vision for your life than you can see for yourself. Mentors help to encourage you and believe in you, when you can’t believe in yourself. But most importantly, a mentor has already achieved what it is that you want to achieve and can walk you down a proven path to your success.

The first thing you need to understand is that there are two types of mentors: direct and in-direct. In-direct mentors are people you may not have access to personally, such as Bill Gates. However, you can still be mentored by these individuals through books, audios, seminars or any information you can gather about how they achieved their successes. On the other hand you have direct mentors. These are people you can actually set down and schedule a time to meet with them. This is the most effective method of mentoring because you get to see the mentor in action. You should take advantage of both methods with your main focus on direct mentoring.

Let’s focus on direct mentoring. Different people have different strengths. Choose the strengths of different people to build the qualities in your life you want to enhance. Find individuals who have already accomplished your purpose. Make sure they are available and accessible.

Now, here is the most important part of being mentored that a lot of people miss. You have to know how to find help from your mentor. If you are not prepared for your time with your mentor, you are wasting your time. If you don’t know what you want from your mentor, you will never know if you are progressing or not.

Attached is a mentoring sheet that you should study and use with every one of your mentors. This sheet will tell you exactly how to get the most out of your time with your mentor. Remember, a mentor is the most important ingredient for success that you can have in your life. Work hard, stay focused, get mentored and have fun!!!

Action Plan:

1. List 2 priorities in your life that you would like to be mentored on (ex: physical, spiritual, social, relationships, work).
2. Find 2 direct and in-direct mentors for each priority.
3. Set up a time to visit with each mentor.
4. Fill out your agenda
5. Take action on the knowledge from each meeting.

Agenda:

What do I need to learn?

What do I need to hear from my mentor?

What do I need to feel as a result of the time we spent together?

What action am I going to take on the information I attained?

Last thing to do is find out when you can meet again.